

**From:** Wade [BiOptimizers] support@biooptimizers.com  
**Subject:** Probiotics for weight loss? Some are better than others  
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I was on top of the world, at what I thought was the peak of my fitness...and it all came crashing down.

It was shortly after the Mr. Universe competition, and where I should have been celebrating my achievement, instead I was blowing up like the marshmallow man.

I was FAT and I didn't know what to do.

I felt helpless. I couldn't stop asking "what's wrong with me?"

I was playing by the typical playbook for bodybuilding of intense dieting and exercise, and it blew up in my face.

At the time, I was training at a World's Gym in downtown Vancouver.

Suddenly, I completely understood how my personal training clients at the gym felt.

Not being able to fit in my clothes, losing sleep to sleep apnea, and feeling like a first-timer at the gym.

I wasn't comfortable in my own skin and it had a huge impact on my confidence.

It was a painful time, to fall so far from being at the top of my game to feeling insecure and unwell.

Finally, I couldn't take it anymore and went on a mission to understand what went wrong, and how I could fix it.

A ton of research, and meeting a few key friends along the way, helped me figure out where I messed up.

I was playing by the typical "bodybuilders handbook" but that method was

deeply flawed, and it wrecked my digestive system's microflora and my health.

My digestive enzyme system was trashed. More importantly, the microflora in my gut was all wrong.

To this day I know that probiotics saved me and helped me get back in shape and feeling like myself again.

You've probably heard before that probiotics are great for weight loss. I'm a case study myself.

However, not all probiotics are created equal and it's easy to feel overwhelmed in the supplement aisle by all the different options.

Which strains are best? How do you know they're still alive? Who can you trust?

I have [a blog for you that will help answer these exact questions.](#)

Picking the best probiotic to supercharge your weight loss shouldn't be so hard, and I want to make sure it's easy.

[This guide](#) will help you know the difference between good & bad bacteria and understand why it's important that healthy people's gut bacteria are often better than those with extra pounds.

Resetting your gut balance with the best probiotics for weight loss won't only help your waistline to shrink, it will help you to feel better in almost every way. I'm living proof of that!

The research is clear, certain probiotic strains are better than others and you can learn all about them [here](#).

I rediscovered my body's potential to heal and change with probiotics and I can't wait for you to do the same.

To your AWESOME health,

**Wade Lighheart**

*Advisor to the American Anti-Cancer Institute*

*CoFounder, BiOptimizers*

*3-time All Natural National Bodybuilding Champion*

P.s. If you are ready to feel your best in all aspects of your life, including

how you look in the mirror, consider adding probiotics to your diet. Our mission is dedicated to discovering and sharing the best probiotics on the market to help you achieve an optimal state of well-being.

For more information about the best probiotics for weight loss from **BiOptimizers**, [CLICK HERE](#).

P.P.S: Do you want to [attend The 7th Annual Biohacking Conference?](#) This is a must-see event for human optimization. I'll be a keynote speaker for the event. If you want to learn how global leaders in biohacking are optimizing their day, you'll want to attend. We want to give you a special gift, register now to get **20% OFF** if you enter the code **BIOPTIMIZERS2020** on the checkout page. This offer ends on February 28th, 2020.

We can't wait to see you there!

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